

# **Substance Misuse Health and Adult Services Select Committee**

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# Aims

- Overview of the issue
- Prevalence & impact of substance misuse in Hampshire
- Hampshire Substance Misuse Strategy
- Service transformation in Hampshire



Drugs



Alcohol



Solvents

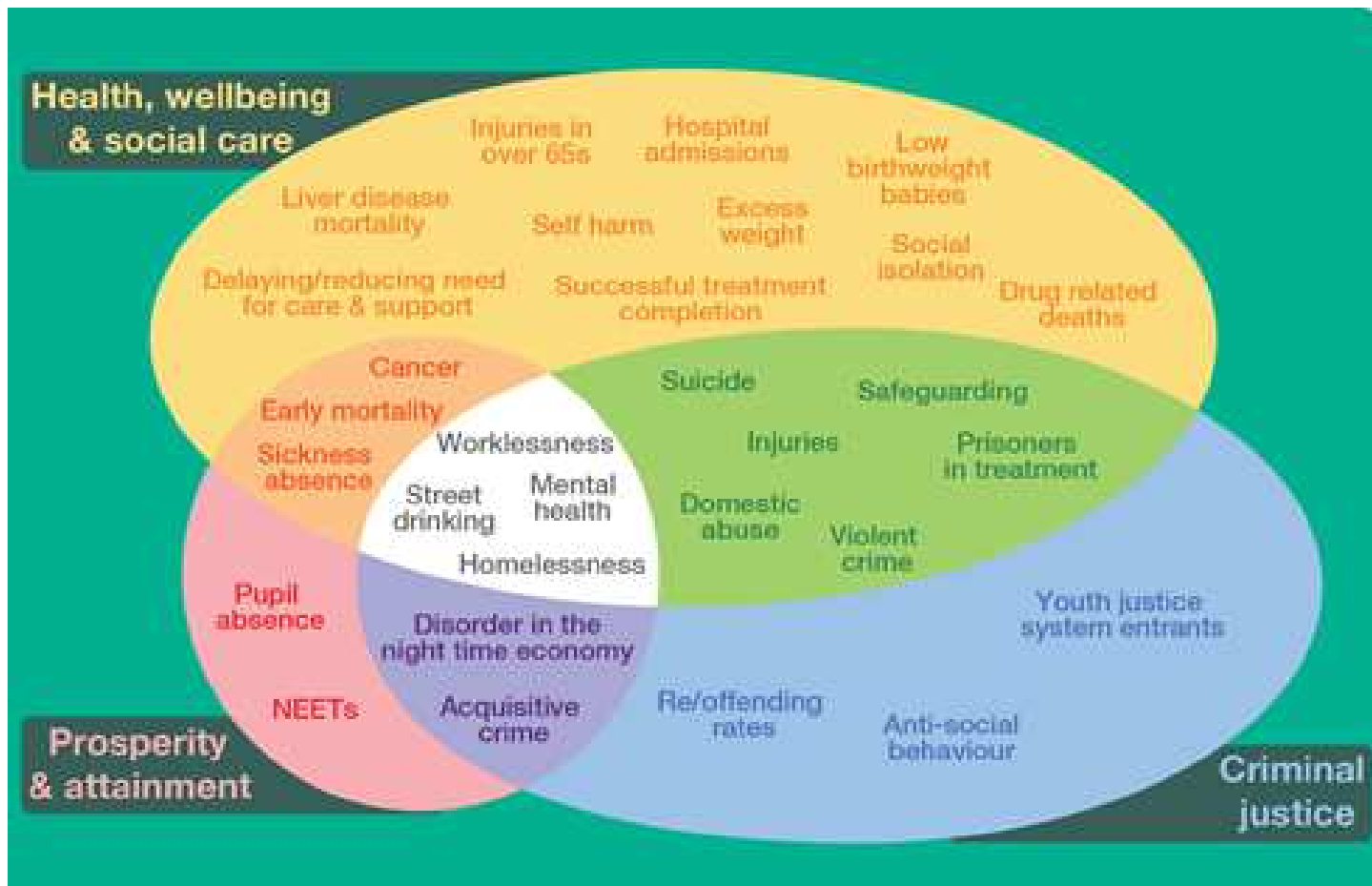


NPS



Prescription drugs





# Prevalence in Hampshire

## Alcohol problems are widespread

Across Hampshire, an estimated

**27%**

of adults drink at levels that increase their risk of health harm



**9,890**

may need treatment for alcohol dependence

**23,000**

alcohol related admissions to hospital in 2015/16

The impact of harmful and dependent drinking is greatest in deprived communities



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[www.hants.gov.uk](http://www.hants.gov.uk)

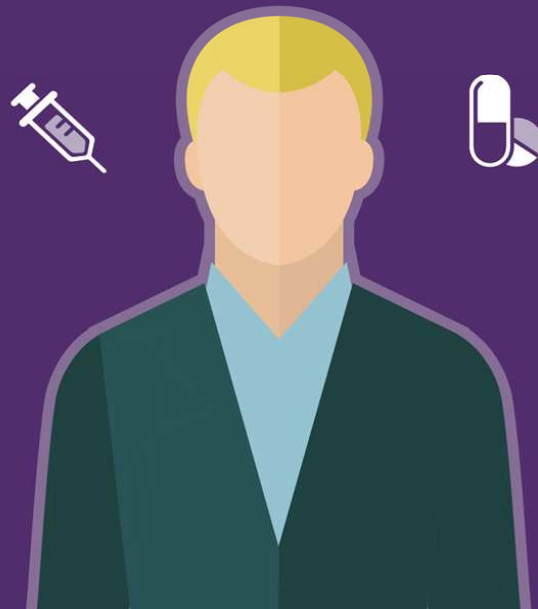
# Prevalence in Hampshire

Drug use is widespread but dependence is concentrated

Across Hampshire, an estimated

**4,043**

opiate and/or crack cocaine users  
and 1,063 inject opiates



Around

**35% of opiate users**

are not in treatment

**143**

deaths from drug misuse between  
2014 and 2016

**Over 50%**

were due to opiates

The most deprived local authorities have  
the highest prevalence of problematic  
drug users



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## Alcohol and drug use in school children



Around **49%** of Hampshire school children aged 11-15 years had consumed alcohol compared to 38% nationally

**50%** of young people who accessed specialist young people's substance misuse services started their problem substance by age 15

**8.7%** of young people (aged 11-15 years) reported having ever taken cannabis

**3.2%** of young people (aged 11-15 years) reported having ever taken psychoactive substances



# Impacts and costs in Hampshire




**3,000 adults** and **260 young people**  
are currently in substance misuse treatment

Economic and social savings generated from drug  
and alcohol treatment equate to over £22 million  
per year



# Homelessness and benefit claimants



Over **80%** of homeless people in Hampshire were identified as having a substance misuse support need

Approximately **500** people in Hampshire who are claimants of Incapacity Benefit / Severe Disablement Allowance or Employment and Support Allowance have alcohol misuse given as the main disabling condition



# Impact of drug & alcohol misuse on families

Parental alcohol and drug dependence significantly harms the wellbeing of children

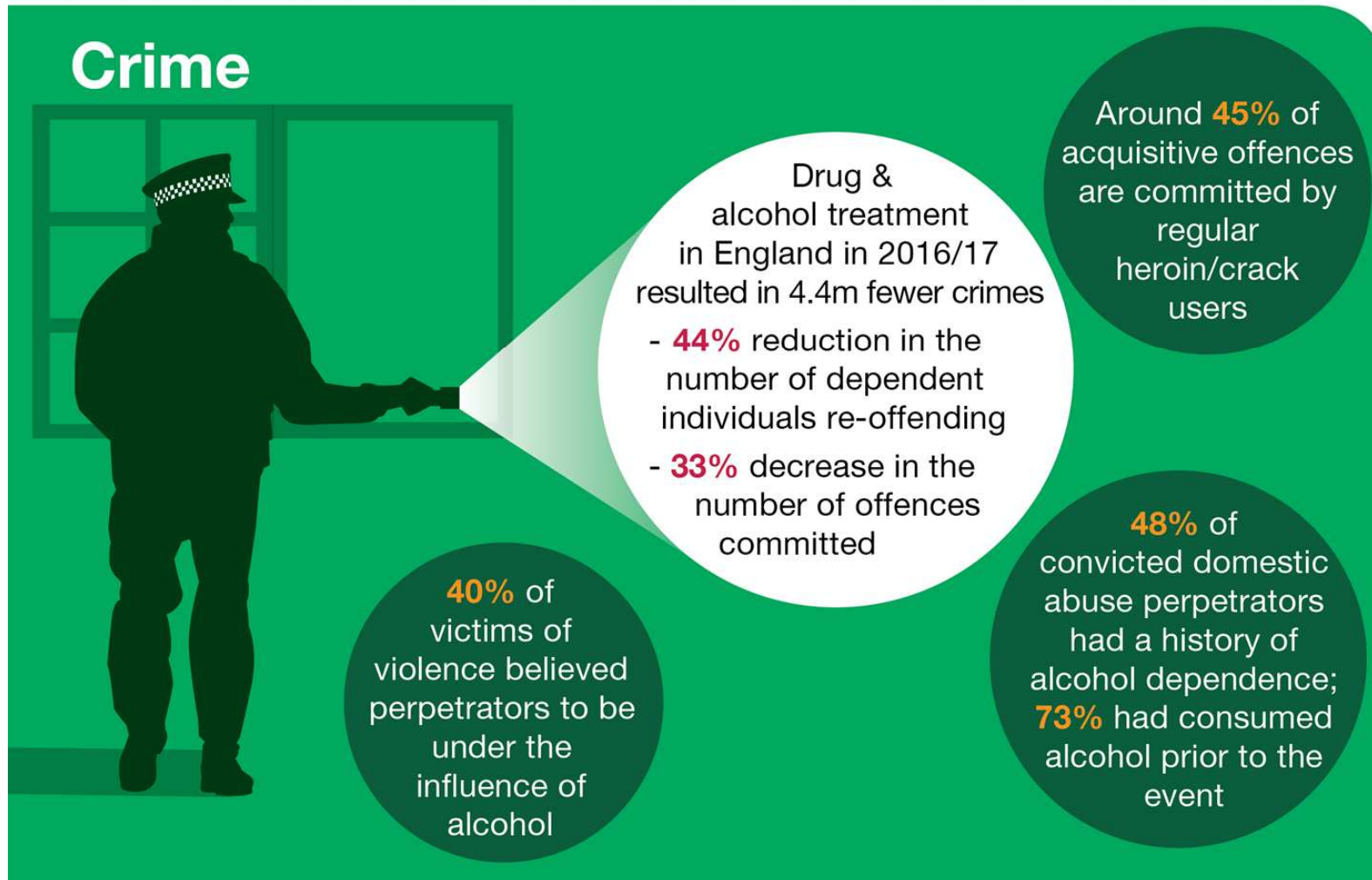
20% of children in need in Hampshire are affected by drug misuse and 18% by alcohol abuse



Misuse can impact on health & wellbeing, education, risky behaviours, and result in inappropriate caring roles



# Drug and alcohol misuse harms communities



# Hampshire Substance Misuse Strategy:

***Prevent and reduce the harm associated with substance misuse (to individuals, their families and communities) and increase the opportunities for recovery for those dependant on drugs / alcohol.***



# Priorities

- Priorities determined by the National Drugs Strategy 2017 and local assessment of alcohol across the system:
  - Prevention, Early Intervention Behaviour Change
  - Keeping Communities Safe
  - Better Recovery

# Hampshire's Substance Misuse Service

*Empowering and enabling people to successfully manage and recover from their alcohol and/or drug dependency and the wider impacts of these.*

- People successfully completing treatment and becoming drug and/or alcohol free
- Reduce the harms associated with alcohol and drug use and dependency and improve health and wellbeing
- Reduce health inequalities in Hampshire
- Reduce the harms to children and families
- Support complex clients to enable recovery
- Build safer stronger communities that support the recovery agenda within the criminal justice system
- Reduce the stigma of accessing substance misuse services
- Provide a modern service

# Key elements of the Service

an adult substance misuse treatment service (medical and psychosocial interventions)

a specialist young people's substance misuse service (for people up the age of 25 years)

a pharmacy drug-treatment service.

Information, advice & brief interventions

Structured treatment

Accessible needle exchange provision

Harm minimisation

Peer mentoring programme

Recovery capital

Carer and family support service

Access to in-patient detoxification

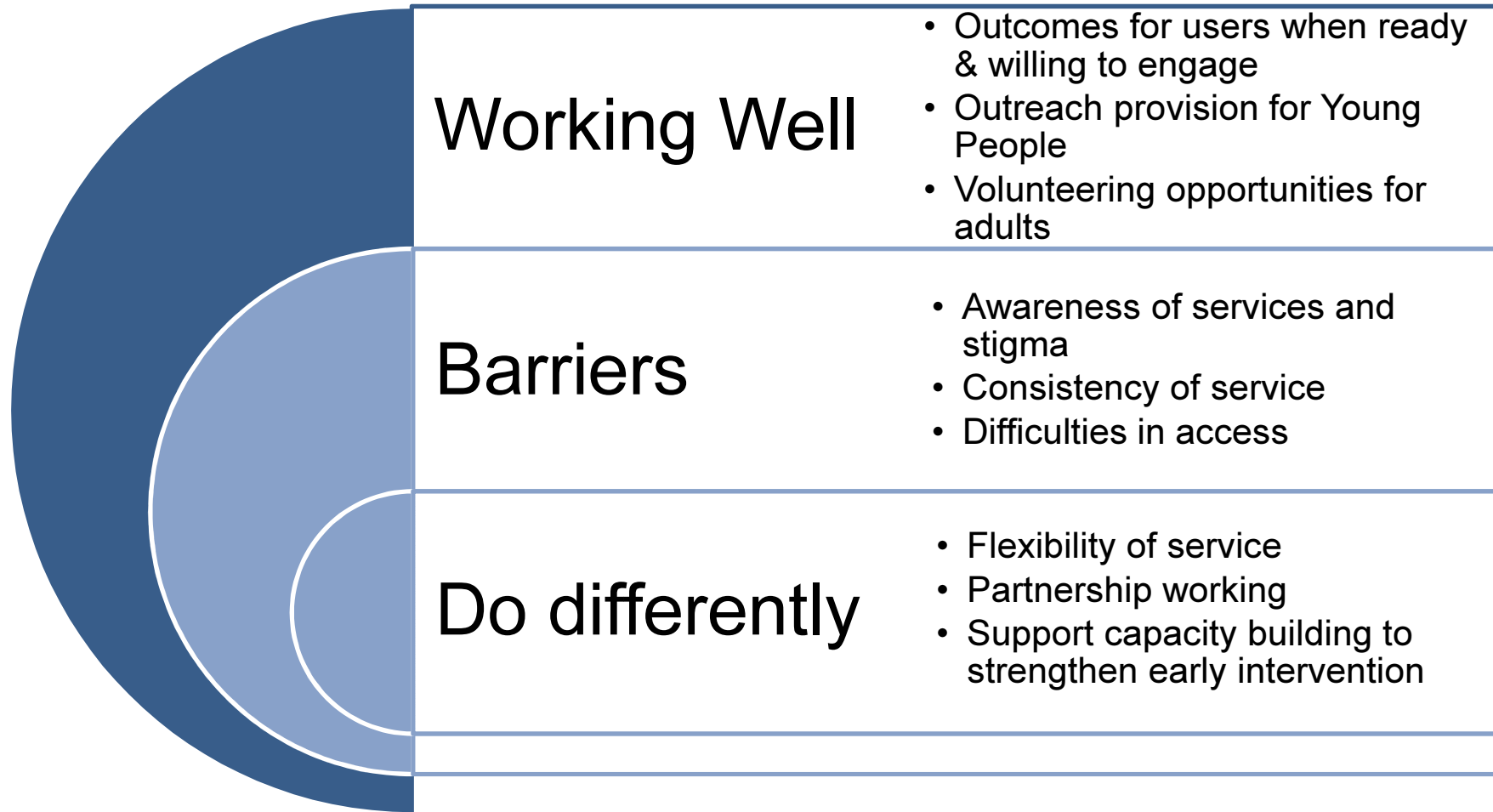


# Hampshire Substance Misuse Service





# What do people tell us about current services?



# Service Transformation

Alcohol

Adopting a whole family approach

Offering a holistic children and young people's substance misuse service up to the age of 25 years

Working with complex clients to promote recovery

Offering a flexible model of delivery

# Don't Bottle It Up

**TAKE THE ALCOHOL TEST**  
It's free, quick and confidential  
**START ►**

**WELCOME**  
Find out what the site can offer you

**SHOUT IT OUT**  
Join us on Facebook & Twitter

**FREE DRINKCOACH**  
An app to track & change your drinking

**HOW MUCH IS TOO MUCH?**

**DRINKING STORIES**  
Read & share 'never again' tales



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[www.hants.gov.uk](http://www.hants.gov.uk)



**inclusion recovery hampshire** 0303

We provide a free and confidential service to anyone over the age of 18 experiencing problems or wanting to know more about alcohol. [IRH@sssfh.nhs](mailto:IRH@sssfh.nhs) or call 0300 303 3539 | [inclusionhants.org](http://inclusionhants.org)



## YOUR SCORE



You scored **28** out of **40**, which indicates your drinking is: **High Risk/Possibly Dependent**

For **High Risk/Possibly Dependent** scores such as this we recommend seeking advice and reducing your drinking.

You can do that by contacting your local alcohol service:

**Inclusion Recovery Hampshire**  
Tel: 0300 303 3539

[Click to Access Free Help](#)

You are drinking **8.5** units on a typical drinking day.  
You are consuming **562** calories from these units.

The government advises that men and women do not drink more than 14 units per week, with at least

## WHAT CAN I DO NEXT?

|   |  |   |                             |
|---|--|---|-----------------------------|
|  | Find support near you                        |  | Download our free app       |
|  | Request a free follow up email or phone call |  | Watch our short advice clip |
|  | Read more about YOUR drinking                |  | Retake the test             |



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# Reducing drug-related deaths

- Provision of Naloxone (reverses effects of opioid overdose)
- Widely distributed to service users, carers, and agencies where with high risk clients (e.g. hostels)



# To Conclude

- Leadership by the strategic drug and alcohol partnership
- New service model to meet new issues and trends
- Service robustly contract monitored through Public Health

